

5-minute activities

- Chalk drawing
- Play a card game of SNAP
- I-Spy
- Build a Lego tower as high as you can
- Kids work out
<https://www.5minutefun.com/video-a-5-minute-workout-kids-can-join/>
- Make popcorn for movie time

10-minute activities

- Freeze small toys in bowl of water. Once frozen excavate these out! Great for sensory play
- **Make paper planes-** how far can they go?
- Get a bucket and see if your child can throw a ball into it. Keep moving the bucket further away.
- **Make a marble run with Lego**
<https://frugalfun4boys.com/lego-marble-run/>
- **Teach typing**
<https://www.typing.com/student/game/keyboard-jump>
- **Spelling** on a tablet or phone
<https://readingeggs.co.uk/apps/spelling-games/>
- **Play a snow- ball fight** with white socks rolled into a ball
- **Boil the eggs** – egg and spoon race (then eat them)
- **Dressing up race** – time your child and see if they can beat their time
- 11.00 a.m David Walliams reads a story
<https://www.worldofdavidwalliams.com/elevenses/>
- Run around the house finding items that begin with A, B , C

15-minute activities

- **Play hide and seek.** Why not try when dark with torches. Each person caught in a torch beam takes over the role of the seeker.
- **Create a 'boredom box'** you can grab – cardboard boxes, dried pasta, glue, stickers, colouring sticks e.g. build a robot/castle/car.
- **Hide items around the house** and your child has to find them. If older – draw a map and they have to do clues in order and one leads to the next one.
- **Jigsaw puzzles**
- **Water- bottle bowling** – bottles with water- put different numbers on each one- and set up a bowling alley and score the hits.
- Spaghetti or macaroni + glue pictures

30-minute activities

- **Secret writing** - Mix lemon juice and water. Use a cotton bud to write on white paper. Leave to dry. To read place near light bulb.
- **Create an orchestra**- Pots, pans and wooden spoons, bottles filled with different amounts of water.
- **Race-track** Lay down with tape a race-track under tables, through doorways, even up the stairs.
- **Science experiments**
https://thestir.cafemom.com/big_kid/177627/science_experiment_project_kids_home/120363/tie_dye_pillow/10

60 -minute activities

- Virtual outings to the zoo or museums that have online presences
- Watch a favourite movie
- Create an indoor camp site, complete with a tent, flashlight
- Free stories to listen to:
- https://stories.audible.com/discovery/enterprise-discovery-21122356011?ref=adbl_ent_anon_ds_ds_dml_cntr-1