

Sometimes we need to STOP and reframe

Fixed thinking can result in us blaming rather than understanding

The single biggest problem in communication is the illusion that it has taken place.

George Bernard Shaw



Do-IT>

They fiddle all the time and won't sit still.

I am interested in so much and want to find out more. If I move around it allows me to think better.

They wait till bedtimes to play up when I am the most tired

My mind is very busy and I am worried about someone bullying me at school

They are so lazy and can't be bothered to try

I can't understand what I have been asked to do and am ashamed to ask (again)

They always interrupt me and never take their turn

I don't know when to speak and others get annoyed with me and I don't know why

Every time we do writing he messes around

My writing is so messy and the other children laugh at me

She refuses to play with the other children

The noise in the playground makes me feel very anxious